



"Past Perfect Continuous"



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A) Complete the sentences with the correct form of the verbs.

Positive	Negative	Question
I / you / we / they / he / she / it had been playing.	I / you / we / they / he / she / It hadn't been playing.	Had I / you / we / they / he / she / it been playing?

We use the past perfect continuous for actions that were ongoing before another past action.

- 1 She was out of breath because she _____ (jog).
- 2 By the time I arrived, _____ you _____ (wait) for hours?
- 3 They were exhausted because they _____ (work).
- 4 She realized she _____ (cook) for two hours.
- 5 He was tired because he _____ (study) all night.
- 6 They _____ (play) soccer before the storm hit.
- 7 She was sore because she _____ (exercise).
- 8 The team _____ (practice) for the entire morning.
- 9 He was dehydrated because he _____ (run).
- 10 She _____ (not prepare) food for the family.

